



少林功夫禪
Shaolin Kungfu Zen

Fulfill Yourself, Care for Others

Free Trial Class A \$20 Value!

Please contact us to schedule your free trial class.
408 806-0155 or through our website:

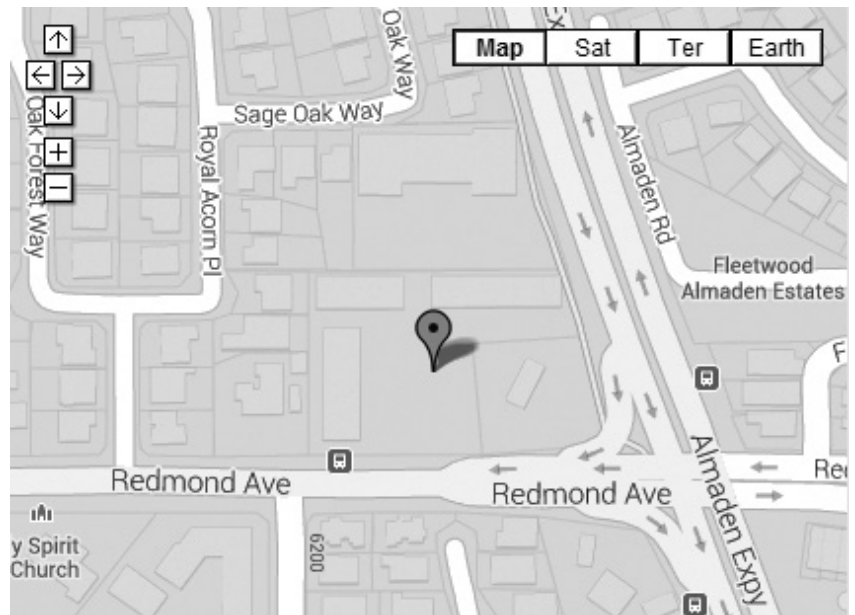


One coupon per person. Group classes only. Good only on the first visit.



Shaolin Kungfu Zen guides students toward a harmony of spirit and body along with the achievement of personal goals. Shaolin Kungfu combines physical discipline and movement with Zen meditation during extensive practice with Shaolin boxing and traditional weapons. We promote modern martial arts methods and moral integrity so students benefit from Shaolin philosophy and traditional Chinese Shaolin Buddhist culture.

“As you are determined, unexpected rewards come”



Our studio is in the Almaden Valley neighborhood, near Almaden Expressway, in the Redwood Plaza:

Shaolin Kungfu Zen – 少林功夫禪
1161 Redmond Avenue
San Jose, CA 95120
408-806-0155, 408-806-0166